

# Restaurants & Activities

# TOBA

Ise-Shima National Park, Mie



Dive into Toba's Rich Culture & History

## D Kotohiragu Toba 金刀比羅宮

Once surrounded by the ocean, the remains of Toba castle loom large over the old part of the town. Get a panoramic view of the town and the islands from one of the highest accessible viewpoints.



VIEW POINT

Kotohiragu Toba 金刀比羅宮

Hinoyama Mountain 樋ノ山

Hinoyama Lab ヒノヤマラボ

Medaka Park めだかの学校

Senpokaku Hotel 扇芳閣

Joanji Temple 常安寺

Rampo Museum 江戸川乱歩館

スナック るるぶ Snack Rurubu

ニューローゼ New Rose

Tenshinji Temple 天真寺

Birthplace of Kokichi Mikimoto

Saishoji Temple 済生寺

Kogakuji Temple 光岳寺

Arashima Inn アラシマイン

VIEW POINT

Toba Castle Ruins 鳥羽城跡

Old Toba Elementary School (National Historical Building)

Chidoriya ちどり家

Restaurant Ferry レストランフェリー (伊勢湾フェリーターミナル)

46 MUSEA (Aquarium Shop) ミュゼア

47 Hanasango 花さんご

48 Bayside ベイサイド

49 Isewan Ferry 伊勢湾フェリー (Passenger & Vehicle Ferry) For Irago, Aichi Prefecture

Toba Aquarium 鳥羽水族館

45 Awako 阿波幸

Mikimoto Pearl Island ミキモト真珠島

44 Ise Ebi 伊勢エビ

43 Blanca ブランカ

42 Ajisai 味彩

41 Benkei Chinese Restaurant 弁慶

40 Fukutsugi ふくつぎ

39 Snack Rurubu

38 Hinoyama Lab

37 Tasuké 太助

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35 Hananoen 花乃宴

34 Kyubei 久兵衛

33 Myoshoji Temple 妙性寺

## C Rampo Museum 江戸川乱歩館

Come and discover the strange literary world of Edogawa Rampo, Japan's most famous mystery writer. Learn of his connection to Toba through the exhibited items from the former residence of his long-time friend, Junichi Iwata, an anthropologist from Toba who shared Rampo's interest in strange topics.

Entrance Fee: Adults ¥500 JHS/HS ¥300 Children (under 13): Free  
Hours: 10:00-16:00 Closed: Tuesdays, Wednesdays & New Years

57 Takuchan たくちゃん

56 Kazuei 一栄

55 The Lobby Lounge ザ・ロビーラウンジ

54 Prink'M プリンクM

53 Waraiya Takoyaki たこ焼きわらい屋

52 Café Terrace Orange カフェテラスオレンジ

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32 Sushi Umé すし梅

31 Mishio 御代

30 Osakaya 大阪屋

29 Tenbinya 天比屋

28 Amiyaki Tenbinya 網焼き天比屋

## B Kirari Handmade Goods & Drinks

Sit down with a coffee or tea and try one of many craft experiences. Using locally found shells, create an original phone strap, bracelet, mini planter, or nightlight.

Craft projects start from ¥800~  
Hours: 10:00-16:00 Holidays: Wed. \*Cash only

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## A Kaito Yumin Club (Ise-Shima Eco Tours)

Discover Ise-Shima's rich and historical culinary connection with the Shinto Gods. Guests will visit a 300-year-old bonito smoke shop, learn about the bonito preservation process and its connection to the ancient ritual of offering food to the gods, as well as learning about the area's deep connection with the sea and its resources at Toba's Sea Folk Museum.

Lunch will be spent in the company of Ise-Shima's female freedivers, the ama. Enjoy locally caught seafood prepared over a charcoal grill while listening to the women's stories of braving the ocean waters.

2-4 People ¥13,000 per person Hours: 9:00-17:00 \*Credit Card OK (Other tours available. Please check the website for prices and times. www.oz-group.jp/kaitoyumin/ \*Some activities require reservations

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## E Toba Castle Ruins (Shiroyama Park) 鳥羽城跡

While only a few stones remain from the foundation of the castle, it isn't hard to imagine a fortress surrounded by an ocean moat with its main gate facing the sea. The castle was built by one of Japan's most famous naval commanders, Kuki Yoshitaka, a local pirate samurai during the late 16th century. Walk around the castle grounds and admire the panoramic view of Toba Bay.

Entrance Fee: Adults ¥1,650 Children ¥820 Hours: 9:00-17:00\* Closed: 3 days from 2nd Tuesday in December \*Check website to confirm

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12 Suzuki 鈴木水産

13 Mizunuma Sazaé 水沼さざえ店

14 Misaki Sazaé みさきさざえ店

15 The Kaiya ザ・貝屋

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8 Kiipei 吉平

9 Misasa 味佐々

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## 4 Okita Floating Restaurant 屋形船 おきた

3 Sea Lounge SYM シーラウンジSYM

2 Kamome Terrace かもめテラス

1 MUSEA (Station Shop) ミュゼア

57

# Toba Bicycle Rental

Explore Toba on two wheels. Regular and electric assist bicycles can be rented for the day at Toba's Ichibangai shopping centre and the Toba Guide Centre.

Regular Bicycle: ¥600 per day (¥300 after 15:00)

Electric Assist Bicycle: ¥1,000 per day (¥600 after 15:00)

Hours: March~November 9:00~16:30 Closed: Toba Ichibangai - Thursdays  
December~February 9:00~16:00 Toba Guide Centre - Tuesdays



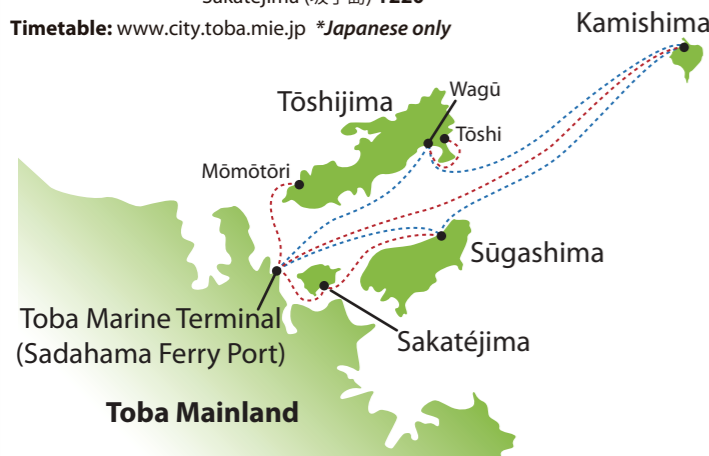
# Toba's Islands

## Toba Marine Terminal (Sadahama Ferry Port 佐田浜棧橋)

Access any one of Toba's four inhabited islands via high-speed ferry. Departure times are posted online and ferry service is dependant on the weather. (Ferry cancellations are posted on the city's website in Japanese)

|                           |                                                 |
|---------------------------|-------------------------------------------------|
| <b>One-way Fares:</b>     | Kamishima (神島) <b>¥740</b>                      |
| <i>*Subject to change</i> | Tōshijima (Tōshi 答志 -Tōshi Wagū 和具) <b>¥550</b> |
|                           | Tōshijima (Mōmōtōri 桃取) <b>¥450</b>             |
|                           | Sūgashima (菅島) <b>¥510</b>                      |
|                           | Sakatējima (坂手島) <b>¥220</b>                    |

**Timetable:** www.city.toba.mie.jp *\*Japanese only*



Not being connected to the mainland has always limited outside influence, preserving many traditional ways of life. Come explore and experience the old ways where the locals live and work with nature.

Sample some of the freshest seafood in Japan from **Tōshijima**, which, since the 8th century, has been responsible for supplying the imperial court's seafood.

Wander the small island of **Kamishima**, a home to many 14th-century aristocrat exiles, as well as being the setting for Yukio Mishima's well known coming-of-age novel *"The Sound of Waves"*.

## Toba Island Tours

Gain an insider's perspective on island life through a locally guided tour. Walk the maze-like backstreets of the town and eat a grilled seafood lunch in one of the community-run ama huts.

Shima no Tabisha  
www.shima-tabi.net



Kaito Yumin Club  
www.oz-group.jp/kaitoyumin



## Okita Floating Restaurant

Enjoy a wonderful seafood barbecue on the water with the beautiful islands of Toba as your meal's backdrop. Both lunchtime and dinner cruises are available. (Reservations are required. The boat may remain docked due to rough water and high winds. Medicine is available for guests who suffer from motion sickness)

# Emergency Help

## Emergency at Your Hotel

Keep calm. Immediately inform the hotel staff. Call with an internal phone or go to the front desk.

If the staff does not understand you, follow the steps listed below.

## Emergency Outside

Keep calm. Call free of charge (including payphones) **110** in the case of an accident or crime, **119** in the case of fire or grave injury.

No phone? Find someone close by to make the call for you.

## Earthquake

Keep calm. Earthquakes are common but often weak in Japan. Listen to public announcements and follow instructions from the staff. The transmission systems of Japanese hotels work even during blackouts. Use your cell phone only if necessary to avoid overloading the network. To learn about the centre and intensity of an earthquake, see: <http://www.jma.go.jp/en/quake/>

# Cafés

## 1 MUSEA (Sta. Shop) ミュゼア駅店

Grab a coffee when you arrive in Toba or get a drink and tasty snack before you ride the train to your next destination.

~¥990 10:00~17:00 Closed: Tuesdays

## 2 Kamome Terrace かもめベテラス (鳥羽駅内)

Located on the second floor of Toba station, enjoy a drink or meal before or after your train ride.

¥450~ 10:00~17:00 (16:45 L.O.) Open all year

## 6 Cherry 喫茶チェリー (鳥羽一番街)

A quaint coffee shop located in Toba's Ichibangai shopping centre.

~¥990 Mon~Fri: 9:30~17:30 Closed: Thursdays / Irregular  
Sat, Sun & Ntl. Holidays: 9:25~16:00

## 22 MUSEA ミュゼア General Store & Café

Freshly roasted coffee and a unique original curry make MUSEA the perfect place to relax and enjoy great food and drinks.

~¥990 11:00~16:00 Closed: Mondays & Tuesdays

## 31 Jubilee Tea & Bakes ジュビリーティー&ベイクス

Sit down with some English tea or coffee and freshly baked sweets at this cozy reformed Japanese house.

~¥2000 \*Business days and hours are irregular. Check Instagram to confirm.

## 38 Hinoyama Lab ヒノヤマラボ

Hidden up a winding road on Hinoyama, this small shop serves freshly roasted coffee, iced drinks, and daily baked items.

~¥990 12:00~17:00 Closed: Mon~Wed, Irregular \*Outdoor seating only

## 46 MUSEA (Aquarium Shop) ミュゼア (鳥羽水族館店)

Delicious locally roasted coffee and daily baked goods are available for takeout at Toba Aquarium.

~¥990 10:00~17:00 Closed: Tuesdays

## 54 Prink'M プリンクM

Try your hand at a contemporary style of finger calligraphy or just relax with a drink and snack in this renovated cafe/studio.

10:00~16:00 Closed: Sundays

## 55 The Lobby Lounge (Toba International Hotel)

ザ・ロビーラウンジ (鳥羽国際ホテル内)  
Enjoy the relaxing view of Toba Bay with hotel-prepared lunch or sweets.

10:00~22:30 (22:00 L.O.) Open all year (Occasional closure for maintenance)



# Sweets

## 7 Minerva Gelato ミネルヴァ (鳥羽一番街)

Come and taste an assortment of unique handmade gelato flavours made from many local ingredients.

~¥580 Mon~Fri: 9:30~17:30 Closed: Thursdays  
Sat, Sun, Ntl. Holidays: 9:30~18:00

## 21 Ise-Shima Karinto 伊勢志摩かりんとー

Come and try some original sweet bite-sized snacks infused with local ingredients.

¥432~ 10:00~15:30 (Mon 10:00~14:30) Closed: Wed, Sun, and Ntl. Holidays

## 43 Blanca ブランカ

Come and try some baked goods at Toba's original western confectionery shop.

~¥990 10:00~17:00 Closed: Tuesdays



# Seafood Snacks

## 10 Iroha 焼き貝いろは

Located beside Toba station, enjoy fresh shellfish straight from the shop aquarium to your table.

¥1,000~¥2,000 10:00~18:30 Closed: Irregular

## 11 Yamato 海鮮大和

This shop specializes in local seafood as well as saké produced in Mie prefecture.

¥1,000~¥2,000 10:00~17:00 Open all year

## 12 Suzuki 鈴木水産

Fresh Ise-ebi lobster, abalone, and turban shells grilled right before your eyes.

¥1,000~¥2,000 11:00~21:00 (20:00 L.O.) Closed: Wednesdays

## 13 Mizunuma 水沼さざえ店

Come and enjoy the wonderful flavours of Ise-ebi lobster and various shellfish.

¥2,000~¥3,000 9:00~17:00 (16:00 L.O.) Open all year

## 14 Misaki Sazaé みさきさざえ店

After arriving in Toba, come and enjoy some of the freshest local seafood.

¥1,000~¥2,000 8:30~17:00 Open all year

## 15 The Kaiya ザ・貝屋

A warm and inviting shop for spending time with friends.

¥1,000~¥2,000 10:00~16:30 L.O. Closed: Thursdays

## 53 Takoyaki Waraiya たこ焼きわらい屋

Enjoy fresh takoyaki and yakisoba straight from the grill. If you have a sweet tooth, why not have an ice cream or shaved ice!

¥1,000~¥2,000 10:00~16:30 L.O. Closed: Thursdays



# Seafood Restaurants

## 3 Okita Floating Restaurant 屋形船おきた

A great mix of locally sourced seafood and standard Japanese cuisine with the scenery of Toba Bay as the backdrop for a delicious meal.

¥5,000~¥10,000 12:00~14:30 18:30~21:30 Open all year

## 5 Ebishima えびしま (鳥羽一番街)

Enjoy seafood dishes created using the local islands' marine produce.

¥1,000~¥2,000 Mon~Fri: 10:30~17:00 L.O. Closed: Thursdays  
Sat & Sun: 10:30~17:30 L.O.

## 16 Iwashitei いわし亭

Offering many unique dishes using the freshest sardines.

¥1,500~¥2,500 11:00~14:00 L.O. Closed: Wednesdays

## 17 Nagatokan てつぱり料理長門館

With a pleasant ocean breeze coming off the water, come sample some seasonal seafood prepared using local ingredients.

¥2,000~¥3,000 11:00~15:00 Closed: Irregular

## 19 Maruei 丸栄

Enjoy fresh seafood caught in the local waters of Ise Bay.

¥2,000~¥5,000 11:00~15:00 17:00~20:00 Closed: Irregular

## 20 Furusatokan ふる里館

Fresh seafood dishes created in a warm and homely atmosphere.

¥1,000~¥2,000 11:00~15:00 Closed: Thursdays & Fridays

## 25 Sazanami 漣

Known for its deep-fried shrimp set menus. Taste what makes this shop so popular!

¥2,000~¥3,000 Mon~Fri: 11:00~15:00 16:30~19:00 L.O. Closed: Tuesdays  
Sat, Sun & Ntl. Holidays: 10:30~15:00 L.O.

## 29 Tenbinya 天びん屋本店

Come and taste the seasonal flavours of Toba's local seafood.

¥2,500~¥3,000 11:30~14:00 17:00~21:00 L.O. Closed: Mondays  
(Sat. 21:30 L.O.)

## 30 Osakaya 大阪屋

Specializing in fresh seafood and tasty fried shrimp set menus.

¥2,000~¥3,000 11:00~14:00 L.O. 17:00~20:00 L.O. Closed: Thursdays  
(Open national holidays)

## 44 Ise Ebi 和食堂いせえび

Overlooking Mikimoto Pearl Island, enjoy a wonderfully prepared seafood meal.

¥700~¥1,800 10:00~17:30 Closed: Tuesdays, Wednesdays, Irregular

## 50 Chidoriya ちどり家

Focusing on local seafood, this restaurant offers many locally popular dishes.

¥1,000~¥2,000 10:30~18:00 Closed: Irregular

## 51 Nishikiya 錦屋

A wonderful shop offering a wide range of meals like seafood-topped rice bowls and various set menus.

¥1,000~¥2,000 11:00~19:30 L.O. Closed: Thursdays

## 58 Hamabeya 浜辺屋

Located not far from the station, this small ryokan/restaurant sits right at the water's edge. Enjoy some of the freshest seafood dishes in Toba!

¥1,500~¥3,000 11:30~13:30 L.O. 17:00~20:00 L.O. Closed: Tuesdays

# Izakaya (Japanese Pubs) & Snack Bars

## 26 Bun 海鮮ぶん

Enjoy a nice seafood lunch, or stop by in the evening for drinks and dinner.

¥2000~¥3000 11:00~14:00 18:00~21:30 L.O. Closed: Wednesdays,  
3rd Tuesdays of the month

## 27 Mishio みしお

A small drinking and eating establishment off the main road in the old part of town.

¥2,000~¥3,000 18:00~23:00 L.O. (22:00 Food L.O.) Closed: Irregular

## 33 Toba Kyubei 鳥羽久兵衛

Established over 50 years ago, Kyubei is a popular pub offering tasty yakitori dishes.

¥2,000~¥3,000 18:00~23:00 L.O. Closed: Sundays & Mondays

## 34 New Rose ニューローゼ

A classic Japanese snack bar offering nighttime drinks and karaoke.

¥2,000~¥5,000 20:00~0:00 L.O. Closed: Sundays & Ntl. Holidays

## 35 Hananoen 花乃宴

Sit down at the bar with a drink and get to know the local patrons.

¥3,000~¥5,000 19:00~0:00 Closed: Irregular

## 36 Tanpopo たんぽぽ

Hidden in the old entertainment district, stop by for a drink and some conversation.

¥3000~ 19:00~23:00 L.O. Open all year

## 39 Snack Rurubu スナックるるぶ

Grab the karaoke microphone and sing a few songs with the shop owner and guests.

¥2,000~ 19:00~23:30 L.O. Closed: Irregular

## 42 Ajisai 疾走屋味彩

A nice place to enjoy local, fresh seafood and rare types of saké.

¥2,000~¥3,000 17:00~23:00 Closed: Sundays

## 56 Kazuei 一栄

A gathering spot for locals and their families for an enjoyable evening with nice food.

¥4,000~¥5,000 17:00~23:00 (22:00 L.O.) Closed: Wednesdays



# Restaurants

## 4 Sea Lounge SYM シーラウンジSYM

Take a moment and grab a coffee while watching the boats pass through Toba Bay. If you're looking for breakfast, Sea Lounge SYM is a great choice.

~¥990 7:00~16:30 Closed: Wednesdays

## 8 Kiipei 吉平

Located in Toba Ichibangai, serving a great selection of local seafood dishes.

¥1,000~ Mon~Fri: 10:00~17:30 Closed: Thursdays  
Sat & Sun: 10:00~18:00

## 9 Misasa 味佐々

Located in the Ichibangai shopping centre across from Toba Station, Misasa serves a variety of dishes sure to please everyone.

¥1,000~¥2,000 10:00~17:30 L.O. Closed: Thursdays

## 18 Cuccagna クッカーニャ

Utilizing local seafood, sample some amazing Italian-style dishes with a Toba twist.

¥1,000~¥4,000 11:00~14:30 17:00~21:30 L.O. Closed: Tuesdays  
(Open national holidays)

## 23 Nanakoshichaya 七越茶屋

Stop by and taste the local Ise Udon, and their most popular dish, the tekoné sushi set.

¥800~¥1,500 11:00~18:00 Closed: Wednesdays  
(Thurs. 11:00~15:00)

## 24 Kamadoya かまどや鳥羽店

A small shop in the centre of Toba that prepares and sells take-out bento lunches for those on the go.

¥500~ 8:00~19:00 Closed: 2nd and 4th Sundays of the month

## 28 Amiyaki Tenbinya あみ焼き天びん屋

The perfect place to enjoy grilled food such as Matsusaka beef, Ise chicken, and locally sourced seafood.

¥2,500~¥3,000 11:30~14:00 17:00~21:00 L.O. Closed: Mondays & Thursdays  
(Sat. 21:30 L.O.)

## 40 Fukutsugi ふくつぎ

A great place to sit down and enjoy great set meals for lunch or dinner.

¥990~ 11:00~14:00 17:00~20:45 Closed: Tuesdays

## 41 Benkei Chinese Restaurant 中華料理弁慶

One of Toba's local restaurants focusing on Chinese cuisine.

¥1,000~¥2,000 11:00~21:00 L.O. Closed: Sundays

## 45 Awako 阿波幸 (ミキモト真珠島内)

Enjoy a nice meal with an ocean view and see what makes this restaurant's pearl udon so well known.

¥1,000~¥2,000 9:00~17:00 Closed: 3 days in December

## 47 Hanasango レストラン花さんご (鳥羽水族館内)

A reservation only restaurant located in Toba aquarium, serving many set meals utilizing local ingredients.

¥1,000~¥2,000 10:00~16:30 (16:00 L.O.) Closed: Irregular

## 48 Bayside レストランベイサイド (鳥羽水族館内)

Sit down and enjoy a meal in this bright and friendly restaurant inside Toba aquarium.

~¥990 10:00~16:30 (16:00 L.O.) Closed: Irregular

## 49 Restaurant Ferry レストランフェリー (伊勢湾フェリーターミナル)

Take a break before boarding the ferry and enjoy some food, while taking in the serene view of the islands in Toba Bay.

¥1,000~¥2,000 Mon~Fri: 9:00~15:00 Open all year  
Sat & Sun: 9:30~16:30

## 52 Café Terrace Orange カフェテラスオレンジ

Stop by one of Toba's coffee shops that is a favourite among the locals.