

Restaurants & Activities

TOBA

Ise-Shima National Park, Mie



Dive into Toba's Rich Culture & History

D Kotohiragu Toba 金刀比羅宮

Once surrounded by the ocean, the remains of Toba castle loom large over the old part of the town. Get a panoramic view of the town and the islands from one of the highest accessible viewpoints.



VIEW POINT

Kotohiragu Toba
金刀比羅宮

Hinoyama Mountain
樋ノ山

Hinoyama Lab
ヒノヤマラボ

Medaka Park
めだかの学校

Senpoku Hotel
扇芳閣

Tenshinji Temple
天真寺

Saishoji Temple
済生寺

Kogakuji Temple
光岳寺

Arashima Inn
アラシマイン

Kontaiji Temple
金胎寺

Waraiya Takoyaki
たこ焼き わらい屋

Lido Porte
ゲストハウス
リド・ポルテ

Kadoya
(National Historical Building)
鳥羽大庄屋かどや

Chidoriya
ちどり家

Nakanogo Ferry Port
中之郷棧橋

Restaurant Ferry
レストランフェリー
(伊勢湾フェリーターミナル)

Isewan Ferry 伊勢湾フェリー
(Passenger & Vehicle Ferry)
For Irago, Aichi Prefecture

Toba Aquarium
鳥羽水族館

MUSEA (Aquarium Shop) ミュゼア

Hanasango 花さんご

Bayside ベイサイド

Awako 阿波幸

Mikimoto Pearl Island
ミキモト真珠島

Toba Castle Ruins
鳥羽城跡

Old Toba
Elementary School
(National Historical Building)

Nanakoschichaya
七越茶屋

Ise-Shima Karinto
伊勢志摩かりんと

Furusatokan
ふる里館

Maruei 丸栄

Cuccagna
クッカーニャ

Irago Seihaku's House
伊良子清白の家

VIEW POINT

Honshoji Temple
本照寺

Joanji Temple
常安寺

Tanpopo たんぽぽ

Tasuké 太助

Hananoen 花乃宴

Kata Shrine
賀多神社

Myoshoji Temple 妙性寺

Kyubei 久兵衛

Snack Rurubu スナック るるぶ

New Rose ニューローゼ

Fukutsugi ふくつぎ

Benkei Chinese Restaurant
弁慶

Ajisai 味彩

Toba City Hall

Oyamazumi Shrine
大山祇神社

TOBA

Kamadoya かまどや

Nanakoschichaya
七越茶屋

Ise-Shima Karinto
伊勢志摩かりんと

Furusatokan
ふる里館

Maruei 丸栄

Cuccagna
クッカーニャ

Irago Seihaku's House
伊良子清白の家

Kinokan 錦浦館

Kaigo Yumin Club
海島遊民くらぶ

Kaigo Yumin Club
海島遊民くらぶ

Kaigo Yumin Club
海島遊民くらぶ

Kaigo Yumin Club
海島遊民くらぶ

Kaigo Yumin Club
海島遊民くらぶ

Kaigo Yumin Club
海島遊民くらぶ

Kaigo Yumin Club
海島遊民くらぶ

Kaigo Yumin Club
海島遊民くらぶ

C Rampo Museum 江戸川乱歩館

Come and discover the strange literary world of Edogawa Rampo, Japan's most famous mystery writer. Learn of his connection to Toba through the exhibited items from the former residence of his long-time friend, Junichi Iwata, an anthropologist from Toba who shared Rampo's interest in strange topics.

Entrance Fee: Adults ¥500 JHS/HS ¥300 Children (under 13): Free
Hours: 10:00-16:00 Closed: Tuesdays, Wednesdays & New Years

B Kirari Handmade Goods & Drinks

Sit down with a coffee or tea and try one of many craft experiences. Using locally found shells, create an original phone strap, bracelet, mini planter, or nightlight.

Craft projects start from ¥800~
Hours: 10:00-16:00 Holidays: Wed. *Cash only



Hiyoriyama Mountain
日和山

Yoshidaya Wako Hotel
なごみの宿 ホテル和光

Stone Hunter
ストーンハンター

Toyota Rent-a-car
レンタカー

Taxi タクシー

Toba Bus Centre 鳥羽バスセンター

Toba Ichibangai Shopping Centre
鳥羽一番街

Sadahama Park
佐田浜東公園

Toba Marché
鳥羽マルシェ

Okita Floating Restaurant
屋形船 おきた

Sea Lounge SYM
シーラウンジSYM

Tōshijima

Kamishima

Sūgashima

Sakatējima

Access the islands from here!

Access the islands from here!

Access the islands from here!

Access the islands from here!

Access the islands from here!

Access the islands from here!

Access the islands from here!

Access the islands from here!

Access the islands from here!

Access the islands from here!

Access the islands from here!

Mikimoto Pearl Island ミキモト真珠島

Toba's Kokichi Mikimoto became the first person to successfully cultivate pearls in the world. On the island, visitors will find a museum highlighting the pearl growing process and an extensive antique pearl jewellery collection from around the world. Ama diving demonstrations take place several times a day, with diving times posted on the island.

Entrance Fee: Adults ¥1,650 Children ¥820
Closed: 3 days from 2nd Tuesday in December

Hours: 9:00-17:00*
*Check website to confirm

E Toba Castle Ruins (Shiroyama Park) 鳥羽城跡

While only a few stones remain from the foundation of the castle, it isn't hard to imagine a fortress surrounded by an ocean moat with its main gate facing the sea. The castle was built by one of Japan's most famous naval commanders, Kuki Yoshitaka, a local pirate samurai during the late 16th century. Walk around the castle grounds and admire the panoramic view of Toba Bay.

A Kaito Yumin Club (Ise-Shima Eco Tours)

Discover Ise-Shima's rich and historical culinary connection with the Shinto Gods. Guests will visit a 300-year-old bonito smoke shop, learn about the bonito preservation process and its connection to the ancient ritual of offering food to the gods, as well as learning about the area's deep connection with the sea and its resources at Toba's Sea Folk Museum.

Lunch will be spent in the company of Ise-Shima's female freedivers, the ama. Enjoy locally caught seafood prepared over a charcoal grill while listening to the women's stories of braving the ocean waters.

2-4 People ¥13,000 per person Hours: 9:00-17:00 *Credit Card OK
(Other tours available. Please check the website for prices and times.
www.oz-group.jp/kaitoyumin/ *Some activities require reservations

G Prink'M Finger Caligraphy

Why not try your hand at a contemporary style of calligraphy where your finger is the brush? Create a unique memento in a renovated storehouse turned atelier.

Hours & Holidays Vary *Cash Only

F Kadoya (National Historical Building) 鳥羽大庄屋かどや

Wander the southern part of the old town and stop by the former shop and residence of Toba's wealthiest medicine merchant.

Entrance Free Hours: 10:00-16:00 Closed: Tuesdays

Dive into
TOBA

For more information, visit:
www.toba.gr.jp/en/



- Izakaya (Japanese Pubs) & Snack
- Cafés
- Restaurants
- Sushi Restaurants
- Seafood Restaurants
- Seafood Snacks
- Sweets
- Activities
- Walking Points
- Information
- Toilet
- Convenience Store
- International ATM
- Japan Post Office (ATM)
- Coin Lockers
- Kamome Bicycle Rental
- Gas Station
- Parking
- Traditional Street Lamps
- Buddhist Temple
- Shinto Shrine



0m 100m

Toba International Hotel Shiojitei
鳥羽国際ホテル 潮路亭

Toba International Hotel
鳥羽国際ホテル

55 The Lobby Lounge
ザ・ロビーラウンジ

Access the islands from here!

Access the islands from here!

Access the islands from here!

Access the islands from here!

Toba Bicycle Rental

Explore Toba on two wheels. Regular and electric assist bicycles can be rented for the day at Toba's Ichibangai shopping centre and the Toba Guide Centre.

Regular Bicycle: ¥600 per day (¥300 after 15:00)

Electric Assist Bicycle: ¥1,000 per day (¥600 after 15:00)

Hours: March~November 9:00~16:30 Closed: Toba Ichibangai - Thursdays
December~February 9:00~16:00 Toba Guide Centre - Tuesdays



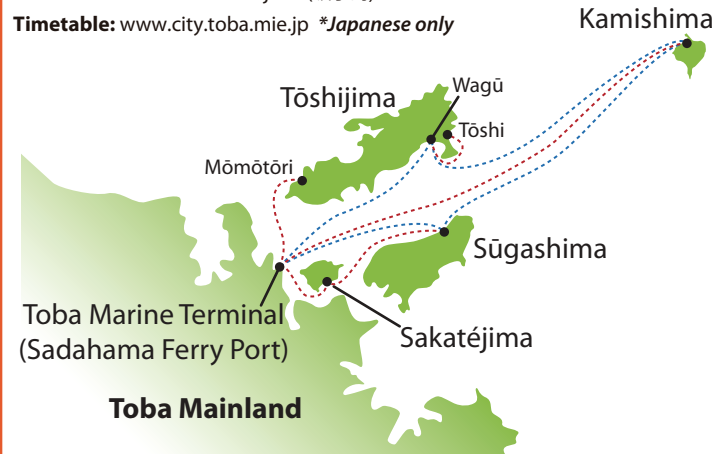
Toba's Islands

Toba Marine Terminal (Sadahama Ferry Port 佐田浜汽橋)

Access any one of Toba's four inhabited islands via high-speed ferry. Departure times are posted online and ferry service is dependant on the weather. (Ferry cancellations are posted on the city's website in Japanese)

One-way Fares: Kamishima (神島) **¥740**
Tōshijima (Tōshi 答志 -Tōshi Wagū 和具) **¥550**
Tōshijima (Mōmōtōri 桃取) **¥450**
Sūgashima (菅島) **¥510**
Sakatējima (坂手島) **¥220**

Timetable: www.city.toba.mie.jp **Japanese only*



Not being connected to the mainland has always limited outside influence, preserving many traditional ways of life. Come explore and experience the old ways where the locals live and work with nature.

Sample some of the freshest seafood in Japan from **Tōshijima**, which, since the 8th century, has been responsible for supplying the imperial court's seafood.

Wander the small island of **Kamishima**, a home to many 14th-century aristocrat exiles, as well as being the setting for Yukio Mishima's well known coming-of-age novel "*The Sound of Waves*".

Toba Island Tours

Gain an insider's perspective on island life through a locally guided tour. Walk the maze-like backstreets of the town and eat a grilled seafood lunch in one of the community-run ama huts.

Shima no Tabisha www.shima-tabi.net
Kaito Yumin Club www.oz-group.jp/kaitoyumin

3 Okita Floating Restaurant

Enjoy a wonderful seafood barbecue on the water with the beautiful islands of Toba as your meal's backdrop. Both lunchtime and dinner cruises are available. (Reservations are required. The boat may remain docked due to rough water and high winds. Medicine is available for guests who suffer from motion sickness)

Emergency Help

Emergency at Your Hotel

Keep calm. Immediately inform the hotel staff. Call with an internal phone or go to the front desk.

If the staff does not understand you, follow the steps listed below.

Emergency Outside

Keep calm. Call free of charge (including payphones) **110** in the case of an accident or crime, **119** in the case of fire or grave injury. No phone? Find someone close by to make the call for you.

Earthquake

Keep calm. Earthquakes are common but often weak in Japan. Listen to public announcements and follow instructions from the staff. The transmission systems of Japanese hotels work even during blackouts. Use your cell phone only if necessary to avoid overloading the network. To learn about the centre and intensity of an earthquake, see: <http://www.jma.go.jp/en/quake/>

Cafés

1 MUSEA (Sta. Shop) ミュゼア駅店

Grab a coffee when you arrive in Toba or get a drink and tasty snack before you ride the train to your next destination.

~¥990 10:00~17:00 Closed: Tuesdays

2 Kamome Terrace かもめベテラス (鳥羽駅内)

Located on the second floor of Toba station, enjoy a drink or meal before or after your train ride.

¥450~ 10:00~17:00 (16:45 L.O.) Open all year

6 Cherry 喫茶チェリー (鳥羽一番街)

A quaint coffee shop located in Toba's Ichibangai shopping centre.

~¥990 Mon~Fri: 9:30~17:30 Closed: Thursdays / Irregular
Sat, Sun & Ntl. Holidays: 9:25~16:00

22 MUSEA ミュゼア General Store & Café

Freshly roasted coffee and a unique original curry make MUSEA the perfect place to relax and enjoy great food and drinks.

~¥990 11:00~16:00 Closed: Mondays & Tuesdays

31 Jubilee Tea & Bakes ジュビリー ティー&ベイクス

Sit down with some English tea or coffee and delicious sweets baked daily at this cozy reformed Japanese house.

~¥990 11:30~18:00 L.O. * Check Instagram for business hours & days

38 Hinoyama Lab ヒノヤマラボ

Hidden up a winding road on Hinoyama, this small shop serves freshly roasted coffee, iced drinks and daily baked items.

~¥990 12:00~17:00 Closed: Mon~Wed, Irregular

46 MUSEA (Aquarium Shop) ミュゼア (鳥羽水族館店)

Delicious locally roasted coffee and daily baked goods are available for takeout at Toba Aquarium.

~¥990 10:00~17:00 Closed: Tuesdays

54 Prink'M プリンクM

Try your hand at a contemporary style of finger calligraphy or just relax with a drink and snack in this renovated cafe/studio.

10:00~16:00 Closed: Sundays

55 The Lobby Lounge (Toba International Hotel)

ザ・ロビーラウンジ (鳥羽国際ホテル内)

Enjoy the relaxing view of Toba Bay with hotel-prepared lunch or sweets.

10:00~22:30 (22:00 L.O.) Open all year (Occasional closure for maintenance)

Sweets

7 Minerva Gelato ミネルヴァ (鳥羽一番街)

Come and taste an assortment of unique handmade gelato flavours made from many local ingredients.

~¥580 Mon~Fri: 9:30~17:30 Closed: Thursdays
Sat, Sun, Ntl. Holidays: 9:30~18:00

21 Ise-Shima Karinto 伊勢志摩かりんとー

Come and try some original sweet bite-sized snacks infused with local ingredients.

¥432~ 10:00~15:30 (Mon 10:00~14:30) Closed: Wed, Sun, and Ntl. Holidays

43 Blanca ブランカ

Come and try some baked goods at Toba's original western confectionery shop.

~¥990 10:00~17:00 Closed: Tuesdays

Seafood Snacks

10 Iroha 焼き貝いろは

Located beside Toba station, enjoy fresh shellfish straight from the shop aquarium to your table.

¥1,000~¥2,000 10:00~18:30 Closed: Irregular

11 Yamato 海鮮大和

This shop specializes in local seafood as well as saké produced in Mie prefecture.

¥1,000~¥2,000 10:00~17:00 Open all year

12 Suzuki 鈴木水産

Fresh Ise-ebi lobster, abalone, and turban shells grilled right before your eyes.

¥1,000~¥2,000 11:00~21:00 (20:00 L.O.) Closed: Wednesdays

13 Mizunuma 水沼さざえ店

Come and enjoy the wonderful flavours of Ise-ebi lobster and various shellfish.

¥2,000~¥3,000 9:00~17:00 (16:00 L.O.) Open all year

14 Misaki Sazaé みさきさざえ店

After arriving in Toba, come and enjoy some of the freshest local seafood.

¥1,000~¥2,000 8:30~17:00 Open all year

15 The Kaiya ザ・貝屋

A warm and inviting shop for spending time with friends.

¥1,000~¥2,000 10:00~16:30 L.O. Closed: Thursdays

53 Takoyaki Waraiya たこ焼きわらい屋

Enjoy fresh takoyaki and yakisoba straight from the grill. If you have a sweet tooth, why not have an ice cream or shaved ice!

¥1,000~¥2,000 10:00~16:30 L.O. Closed: Thursdays

Seafood Restaurants

3 Okita Floating Restaurant 屋形船おきた

A great mix of locally sourced seafood and standard Japanese cuisine with the scenery of Toba Bay as the backdrop for a delicious meal.

¥5,000~¥10,000 12:00~14:30 18:30~21:30 Open all year

5 Ebishima えびしま (鳥羽一番街)

Enjoy seafood dishes created using the local islands' marine produce.

¥1,000~¥2,000 Mon~Fri: 10:30~17:00 L.O. Closed: Thursdays
Sat & Sun: 10:30~17:30 L.O.

16 Iwashitei いわし亭

Offering many unique dishes using the freshest sardines.

¥1,500~¥2,500 11:00~14:00 L.O. Closed: Wednesdays

17 Nagatoka てつぱり料理長門館

With a pleasant ocean breeze coming off the water, come sample some seasonal seafood prepared using local ingredients.

¥2,000~¥3,000 11:00~15:00 Closed: Irregular

19 Maruei 丸栄

Enjoy fresh seafood caught in the local waters of Ise Bay.

¥2,000~¥5,000 11:00~15:00 17:00~20:00 Closed: Irregular

20 Furusatoka ふる里館

Fresh seafood dishes created in a warm and homely atmosphere.

¥1,000~¥2,000 11:00~15:00 Closed: Thursdays & Fridays

25 Sazanami 漣

Known for its deep-fried shrimp set menus. Taste what makes this shop so popular!

¥2,000~¥3,000 Mon~Fri: 11:00~15:00 16:30~19:00 L.O. Closed: Tuesdays
Sat, Sun & Ntl. Holidays: 10:30~15:00 L.O.

29 Tenbinya 天びん屋本店

Come and taste the seasonal flavours of Toba's local seafood.

¥2,500~¥3,000 11:30~14:00 17:00~21:00 L.O. Closed: Mondays
(Sat. 21:30 L.O.)

30 Osakaya 大阪屋

Specializing in fresh seafood and tasty fried shrimp set menus.

¥2,000~¥3,000 11:00~14:00 L.O. 17:00~20:00 L.O. Closed: Thursdays
(Open national holidays)

44 Ise Ebi 和食堂いせえび

Overlooking Mikimoto Pearl Island, enjoy a wonderfully prepared seafood meal.

¥700~¥1,800 10:00~17:30 Closed: Tuesdays, Wednesdays, Irregular

50 Chidoriya ちどり家

Focusing on local seafood, this restaurant offers many locally popular dishes.

¥1,000~¥2,000 10:30~18:00 Closed: Irregular

51 Nishikiya 錦屋

A wonderful shop offering a wide range of meals like seafood-topped rice bowls and various set menus.

¥1,000~¥2,000 11:00~19:30 L.O. Closed: Thursdays

58 Hamabeya 浜辺屋

Located not far from the station, this small ryokan/restaurant sits right at the water's edge. Enjoy some of the freshest seafood dishes in Toba!

¥1,500~¥3,000 11:30~13:30 L.O. 17:00~20:00 L.O. Closed: Tuesdays

Izakaya (Japanese Pubs) & Snack Bars

26 Bun 海鮮ぶん

Enjoy a nice seafood lunch, or stop by in the evening for drinks and dinner.

¥2000~¥3000 11:00~14:00 18:00~21:30 L.O. Closed: Wednesdays,
3rd Tuesdays of the month

27 Mishio みしお

A small drinking and eating establishment off the main road in the old part of town.

¥2,000~¥3,000 18:00~23:00 L.O. (22:00 Food L.O.) Closed: Irregular

33 Toba Kyubei 鳥羽久兵衛

Established over 50 years ago, Kyubei is a popular pub offering tasty yakitori dishes.

¥2,000~¥3,000 18:00~23:00 L.O. Closed: Sundays & Mondays

34 New Rose ニュー ローゼ

A classic Japanese snack bar offering nighttime drinks and karaoke.

¥2,000~¥5,000 20:00~0:00 L.O. Closed: Sundays & Ntl. Holidays

35 Hananoen 花乃宴

Sit down at the bar with a drink and get to know the local patrons.

¥3,000~¥5,000 19:00~0:00 Closed: Irregular

36 Tanpopo たんぽぽ

Hidden in the old entertainment district, stop by for a drink and some conversation.

¥3000~ 19:00~23:00 L.O. Open all year

39 Snack Rurubu スナック るるぶ

Grab the karaoke microphone and sing a few songs with the shop owner and guests.

¥2,000~ 19:00~23:30 L.O. Closed: Irregular

42 Ajisai 飞驰屋味彩

A nice place to enjoy local, fresh seafood and rare types of saké.

¥2,000~¥3,000 17:00~23:00 Closed: Sundays

56 Kazuei 一栄

A gathering spot for locals and their families for an enjoyable evening with nice food.

¥4,000~¥5,000 17:00~23:00 (22:00 L.O.) Closed: Wednesdays

Restaurants

4 Sea Lounge SYM シーラウンジ S Y M

Take a moment and grab a coffee while watching the boats pass through Toba Bay. If you're looking for breakfast, Sea Lounge SYM is a great choice.

~¥990 7:00~16:30 Closed: Wednesdays

8 Kiipei 吉平

Located in Toba Ichibangai, serving a great selection of local seafood dishes.

¥1,000~ Mon~Fri: 10:00~17:30 Closed: Thursdays
Sat & Sun: 10:00~18:00

9 Misasa 味佐々

Located in the Ichibangai shopping centre across from Toba Station, Misasa serves a variety of dishes sure to please everyone.

¥1,000~¥2,000 10:00~17:30 L.O. Closed: Thursdays

18 Cuccagna クッカーニャ

Utilizing local seafood, sample some amazing Italian-style dishes with a Toba twist.

¥1,000~¥4,000 11:00~14:30 17:00~21:30 L.O. Closed: Tuesdays
(Open national holidays)

23 Nanakoshichaya 七越茶屋

Stop by and taste the local Ise Udon, and their most popular dish, the tekonè sushi set.

¥800~¥1,500 11:00~18:00 Closed: Wednesdays
(Thurs. 11:00~15:00)

24 Kamadoya かまどや鳥羽店

A small shop in the centre of Toba that prepares and sells take-out bento lunches for those on the go.

¥500~ 8:00~19:00 Closed: 2nd and 4th Sundays of the month

28 Amiyaki Tenbinya あみ焼き天びん屋

The perfect place to enjoy grilled food such as Matsusaka beef, Ise chicken, and locally sourced seafood.

¥2,500~¥3,000 11:30~14:00 17:00~21:00 L.O. Closed: Mondays & Thursdays
(Sat. 21:30 L.O.)

40 Fukutsugi ふくつぎ

A great place to sit down and enjoy great set meals for lunch or dinner.

¥990~ 11:00~14:00 17:00~20:45 Closed: Tuesdays

41 Benkei Chinese Restaurant 中華料理弁慶

One of Toba's local restaurants focusing on Chinese cuisine.

¥1,000~¥2,000 11:00~21:00 L.O. Closed: Sundays

45 Awako 阿波幸 (ミキモト真珠島内)

Enjoy a nice meal with an ocean view and see what makes this restaurant's pearl udon so well known.

¥1,000~¥2,000 9:00~17:00 Closed: 3 days in December

47 Hanasango レストラン花さんご (鳥羽水族館内)

A reservation only restaurant located in Toba aquarium, serving many set meals utilizing local ingredients.

¥1,000~¥2,000 10:00~16:30 (16:00 L.O.) Closed: Irregular

48 Bayside レストランベイサイド (鳥羽水族館内)

Sit down and enjoy a meal in this bright and friendly restaurant inside Toba aquarium.

~¥990 10:00~16:30 (16:00 L.O.) Closed: Irregular

49 Restaurant Ferry レストランフェリー (伊勢湾フェリーターミナル)

Take a break before boarding the ferry and enjoy some food, while taking in the serene view of the islands in Toba Bay.

¥1,000~¥2,000 Mon~Fri: 9:00~15:00 Open all year
Sat & Sun: 9:30~16:30

52 Café Terrace Orange カフェテラスオレンジ

Stop by one of Toba's coffee shops that is a favourite among the locals.

Lunch ¥1,000~¥2,000 11:00~21:00 L.O. Closed: Wednesdays
Evening ¥100~¥700

57 Takuchan ホルモン たくちゃん

A small teppanyaki shop specializing in beef and pork offal grilled right at your table!

¥2,000~¥5,000 11:30~14:00 17:00~22:00 Closed: Sundays

Sushi Shops

32 Sushi Umé すし梅

Established over 100 years ago, Sushi Umé has proudly been serving expertly crafted sushi to the local community.

¥1,500~¥4,000 10:00~19:00 (L.O.) Closed: Tuesdays

37 Tasuké 太助

Relax and enjoy the tastes of fresh seafood and skillfully prepared sushi.

17:00~22:00 Closed: Thursdays



No Smoking



Vegetarian Dishes



Free WiFi



Picture Menu



Credit Cards OK



English Menu



Basic English

